



Endovascular And Interventional Associates

Specializing in Minimally Invasive Diagnosis and Treatment

100 Medical Center Blvd Ste 118

Conroe, TX 77304

Tel: (936) 539 4031

Fax: (936) 539 4537

Procedure Date: _____ arrive at _____

DO NOT EAT OR DRINK 8-10 HOURS PRIOR TO YOUR PROCEDURE AT: _____

Please take your medications as directed with a sip of water.

**** IF YOU ARE DIABETIC:** and take Glucophage, Glucovance, or Metformin, **DO NOT** take the morning of your procedure or 2 days after the procedure. If you take only oral medications, and your procedure is scheduled before 12:00 noon, do not take them the morning of your procedure. If you take only oral medication and your procedure is scheduled for 12:00 noon or **AFTER**, you may eat a light breakfast at 6:00 am and take your oral medications. Please notify our staff for all types of diabetic medications. Some medications may need to be held or changed around the time of your procedure. If you take **INSULIN**, you may take ½ of your normal insulin dose the morning of your procedure.

PRE-OP INSTRUCTIONS FOR ESI/ SI STEROID INJECTIONS

1. Take all pre-procedure medications as prescribed with sips of water
2. If you are uncertain on when to arrive, what medications to take, or are given any unclear instructions please call the office at (936) 539-4031.
3. Do Not take aspirin (or aspirin like products (Advil, Aleve, Naprosyn, Celebrex, Ect.) at least (2) days before your procedure. Plavix and Pletal may still be taken before the procedure.
4. If you are on Coumadin/Warfarin please notify the staff and follow their instructions.
STOP COUMADIN ON: _____
5. Pre-Registration and lab work must be completed 3-5 prior to your procedure. Please call to Schedule an appointment (936) 539-7117 **PRE-REGISTER:** _____
6. Have someone drive you to and from your procedure.

****FOLLOW-UP:** _____ **AT** _____ ******

PATIENT SIGNATURE: _____